Form 432017 06-09

IOWA MEDICAL SAFETY BELT EXEMPTION

Issued Only By a Physician/Chiropractor

Please Type or Print Clearly

Name _____

Date of Birth _____

Address _____
Street

_____
City

_____
State Zip

Reason for Exemption _____

_____

_____

Physician's / Chiropractor's

Name _____

Physician's / Chiropractor's

Address _____
Street

_____
City

_____
State Zip

For Billfold size Fold On Dotted Lines

Date Expires _____

Signature of

Physician/Chiropractor _____

Date _____

Office of Driver Services
P.O. Box 9204
Des Moines, Iowa 50306-9204

A medical exemption should only be granted to persons who are unable to wear a safety belt due to sound medical reasons. Physicians and Chiropractors are encouraged to keep a record of any medical exemption granted, the reason for it, the date it was issued, and the expiration date. It is also advisable to explain the reasons for safety belt use to patients and advise patients provided exemptions that they should sit in the back seat **whenever possible**.

Federal Regulations require commercial drivers **(CDL holders)** to be seat belted when driving a commercial vehicle. If the CDL holder has an exemption card it only applies to the usage of a personal vehicle, pick-up etc. **NOT IN A COMMERCIAL VEHICLE.**

Certificate Must Be Present When Riding In Vehicle

Lower Portion Can Be Removed After Form Has Been Signed By Physician or Chiropractor

GUIDELINES FOR MEDICAL SAFTY BELT EXEMPTION

Effective July 1, 1986, Iowa law requires that drivers and front seat occupants of motor vehicles shall wear a properly adjusted and fastened safety belt. The safety belt law provides for a medical or physical exemption when certified by a physician. Effective July 1, 1997, Chiropractors were also allowed to issue medical or physical exemptions.

The safety belt law provides no specific or routine medical grounds for granting a medical exemption. Each case should be decided on its own merit. If a medical exemption is granted, it should be used for a valid medical reason.

Many of the reasons for which an exemption is requested result from lack of knowledge of the purpose and correct adjustment of the safety belt itself.

RECOMMENDATIONS

- A medical exemption should be granted for a sound medical reason and not routinely.
- A request for medical exemption must be carefully reviewed and all possible encouragement given to the patient to adapt the restraint system to the patient's condition before making a decision.
- If a medical exemption is granted, a record should be kept by the physician/chiropractor of the medical reason given by the patient for the exemption.
- A patient who is primarily a passenger and who is unable or who refuses to use a safety belt should be advised to ride in the back seat of motor vehicles.

REQUIREMENTS

- A medical exemption may be granted only by a licensed physician (M.D. or D.O.) or chiropractor.
- A medical exemption shall not exceed twelve months, and may be renewed as necessary.

BENEFITS OF SAFETY BELT USE

- Keeps the head, face, and torso from striking the interior of the car.
- Prevents ejection. Ejected occupants have a 25 times greater chance of being killed.
- Prevents occupants from colliding with each other.
- Helps driver maintain control of vehicle.
- Helps person remain alert, unhurt, and capable of escaping a vehicle after a crash.
- May reduce fatalities and serious injuries by 50%.